LTM Cohort Frequently Asked Questions

How are Cohort participants chosen?

The LTM Cohort Program is a significant commitment and not all applicants will be admitted into the program. Each year hundreds of individuals apply for each cohort. Participants are chosen (by committee) based on the following criteria:

- Desire and opportunity to use wisdom for the betterment of one's community
- Diversity of age, vocation, gender, etc.
- Enneagram number
- Video Interview (second-round candidates only)

How many participants are in the Cohort?

Each Cohort has 35 to 42 participants.

Can I apply for every Cohort?

You are welcome to apply to all LTM Cohorts. Applicants can only be accepted to one Cohort at a time. You must fill out separate applications for each Cohort you are interested in.

Is there extra credit for getting my application in early?

No. All applications submitted by the appropriate deadlines will be considered equally. August 20, 2024 is the application deadline. NO applications will be accepted after.

What happens between Cohort gatherings?

Homework between Cohort gatherings typically consists of a spiritual practice, a suggested book to read, and personal observation. Participants stay in touch in a variety of informal ways such as email chains, Facebook groups, Groupme, etc.

What does the Cohort cost?

Tuition for an LTM Cohort is \$2,000 a year. After being offered a spot in the Cohort program a non-refundable deposit of \$400 is required by December 1, 2024 to secure your spot. In the past, individuals have accepted spots in the Cohort to later not show up, then it is too late to offer the position to someone else. As participants are expected to participate in every Cohort gathering, any missed gatherings will not be prorated.

Are there scholarships available for the Cohort?

Yes, some scholarship funds are available. Information regarding scholarships will be made available to those selected to participate in the Cohort. Scholarships are

prioritized for those who do not live in the DFW Metroplex because they will be incurring travel costs on top of Cohort tuition.

Are all LTM Cohorts always in Texas?

Yes. All LTM Cohort gatherings are held at our ministry center, The Micah Center, in Dallas, TX. The Micah Center is located at 9027 Midway Rd Dallas, TX 75209 (southwest corner of Midway Rd. and Northwest Hwy.)

Can I join a Cohort virtually?

No.

Do you have any suggestions for travel?

For those flying, the closest airport is Love Field (DAL) 3 miles from the Micah Center. Dallas-Ft. Worth (DFW) is about a 45 minute drive from the Micah Center.

LTM has an ongoing relationship with the Embassy Suites at Love Field. They consistently provide a clean room, friendly staff, free hot breakfast, complimentary afternoon manager's reception, and free shuttle to Love Field and the Micah Center (so no need to rent a car.) Past Cohort participants have reported that staying at the same hotel has provided great opportunities for casual gatherings around the breakfast table, snacks or drinks at night, etc.

The Embassy Suites has a limited number of rooms available to LTM participants at a discounted price. You can either call the hotel and ask for the Life in the Trinity Ministry discount or book directly through a link provided to Cohort participants.

What is the Cohort schedule?

Each Cohort will meet Thursday through Saturday, once a quarter. The schedule for the gatherings is:

Teaching Schedule:

Thursday: 1:00-5:00 (Enneagram, 1:00-5:30) Friday: 9:00-5:00 (Enneagram, 9:30-5:30) Saturday: 9:00-4:00 (Enneagram, 9:30-4:00) Dinner Groups: Thursday Night: All Cohorts Friday Night: Enneagram/ Family Systems/ De/Re-Construction Cohorts

What is the purpose of dinner groups?

Dinner groups are designed to allow participants to get to know their Cohort colleagues in smaller groups and to process experiences together. Dinner groups are assigned for each Cohort. The Thursday evening dinner groups are the same for all four gatherings. The Friday evening dinner groups rotate each gathering.

How much do I need to know about the Enneagram before I join LTM's Contemplative Cohort?

You need to know or have a strong idea about your Enneagram number. The Contemplative Cohort is not designed to be someone's first exposure to the Enneagram. If you would like to apply to the Contemplative Cohort and you don't have much Enneagram experience, it is sufficient to have listened to Suzanne Stabile's Know Your Number recording. The Leading Change Cohort does not require extensive Enneagram knowledge, however other participants may share their experiences through the lens of the Enneagram.

How much do I need to know about the Enneagram before I join LTM's Enneagram/ Family Systems/ De/Re-Construction Cohorts?

You must be totally sure of your own Enneagram number. We do not consider applicants who are still discerning their own Enneagram number. We intentionally choose people with varying amounts of Enneagram knowledge.

Will I receive "Certification" at the completion of a Cohort?

No, LTM does not offer CEUs or Certification for participation in LTM programming. However, individuals are encouraged to include their participation in the LTM Cohort program as a part of their professional development.

Do I get to contribute to the teaching format of the Cohort?

No. The Cohort schedule and agenda is determined by the Facilitators and their years of experience and expertise.

IMPORTANT!

The Micah Center is not a space for debate. All are welcome and all participants must respect difference. This is a zero tolerance policy. Non-compliance will result in forfeiture of participation.

I have more questions, where should I direct them?

Please email office@lifeinthetrinityministry.com